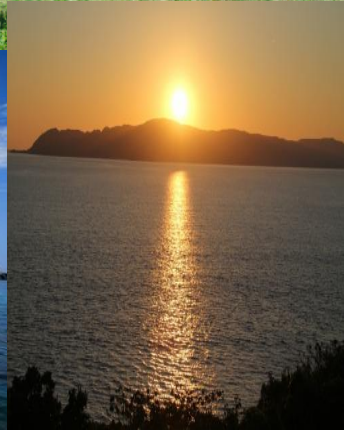


Ama Town Restaurant Guidebook



Ama Town Map

Oki Beef Restaurant

Sentorarutei



Kouya



Sentorarutei(船渡来流亭) 1

For those who want to eat fresh seafood!
The horse mackerel deep fry is cooked in high quality oil!

Oki Beef Restaurant(隠岐牛店) 2

You can try high quality local beef!

Sou(創) 3

For those who want to eat a lot of

Radice(ラ デ イ - チ ェ) 4

Authentic Italian restaurant!

Hanaya No Ponta(花屋のポシタ) 5

Their okonomiyaki is very popular!

Yachiyo(八千代) 6

They are famous for their sushi with fresh fish!

Mikura(味蔵) 7

Fresh seafood and delicious snacks!

Kameno(亀^{かめ}乃^の) 8

The hamburger steak set meal is highly recommended!

Kouya(紺^{こう}屋^や) 9

Reasonably priced!

せんとらるてい Sentorarutei(船渡来流亭)



Business hours	9:00~15:00 (Lunch&Sunday)
Closed	Tuesdays
Phone Number	(08514)2-1510

Popular Dish

- Kanshimame-zuke-don ^{かんしまめづけどん} (寒シマメ漬け丼) ¥980
Fresh squid marinated in soy sauce on a bed of rice.
- Fried horse mackerel set meal ^{あじふらいていしょく} (アジフライ定食) ¥1100
It's fried with rice flour from Ama.

Way to the restaurant

Sentorarutei is on the second floor of Kinnyamonya Center.

Oki Beef Restaurant(隠岐牛店)^{おきぎゅうてん}



Business hours	Lunch 11:00~14:00 (13:30 last order)
	Dinner 17:00~22:00 (21:00 last order)
	Meat sale 10:00~14:00 17:00~22:00
Closed	Wednesdays
Phone Number	(08514)2-1522

Popular Dish

- Donburi rice bowl topped with roast beef

まぼろしの ぜいたくどん
(幻 の贅沢丼) ¥1500

The vegetables, the rice, and the beef are all locally produced.

Way to the restaurant

It takes about 1 minutes on foot from the Kinnyamonya Center.

Sou(創)^{そう}



Business hours	11:00~16:00 (There can be changes)
Closed	Irregular days
Phone Number	(08514)2-0057

Popular Dish

The menu changes every day. ¥700

Way to the restaurant

It takes about 2 minutes on foot from the Kinnyamonya Center.

Radice (ラディチェ)



Business hours	Cafe time	14:00~16:30
	Saturday	13:00~16:00
	Dinner	18:00~22:00 (21:00 last order)
Closed	Sundays and Mondays	
Phone Number	(08514)2-1278	

Popular Dish

〈Dinner〉 ¥3500

- Radice recommended course (Radice ^{おすすめコース} おすすめコース)

It includes appetizers, pasta, the maincourse, and dessert.

〈Cafe time〉

- Homemade bread (^{てづくりぱん} 手作りパン)

Take-out is possible. ¥160~

Way to the restaurant

It takes about 5 minutes on foot from the Kinnyamonya Center.

はなやのぽんた Hanaya No Ponta(花屋のポインタ)



Business hours	17:00~21:00
Closed	Irregular days
Phone Number	(08514)2-0150

Popular Dish

- Okonomiyaki(お好み焼き) ￥650

It is a kind of pancake cooked on an iron plate.

- French fries(フライドポテト) ￥400

Thick and crispy potatoes.

- Mimiga(ミミガー) ￥400

It is a dish with pig ear.

Way to the restaurant

It takes about 5 minutes on foot from the Kinnyamonya Center.

Yachiyo(八千代)



Business hours	Lunch	11:00~13:30
	Dinner	18:00~20:30
Closed	Mondays	
Phone Number	(08514)2-0643	

Popular Dish

- Sushi(寿司) ^{すし} ¥300~1600

A bite sized vinegared rice topped with raw fish.

- Ramen (ラーメン) ^{らーめん} ¥600

Noodle soup dish.

Way to the restaurant

It takes about 10 minutes on foot from the Kinnyamonya Center.

It takes about 3 minutes by car from the Kinnyamonya Center.

みくら Mikura(味蔵)



Business hours	Lunch 11:30~13:00 Dinner 17:00~ (Flexible or until the last customer leaves)
Closed	Sunday
Phone Number	(08514)2-1539

Popular Dish

- Yakiudon(焼きうどん) ¥550

Stir-fried udon noodles.

- Seafood bowl(海鮮丼) ¥1000

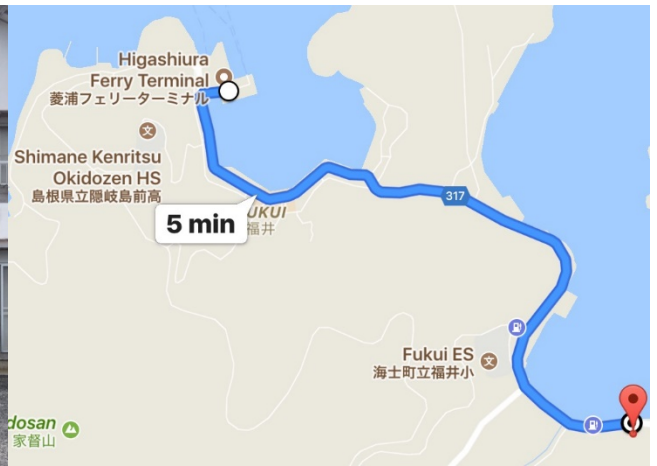
Fresh sashimi (raw fish) on a bed of rice.

Way to the restaurant

It takes about 10 minutes on foot from the Kinnyamonya Center.

It takes about 3 minutes by car from the Kinnyamonya Center.

Kameno (かめの 亀乃)



Business hours	11:30~13:30 17:40~20:00
Closed	Tuesday
Phone Number	(08514)2-1068

Popular Dish

- Hamburger steak set meal (ハンバーグ定食) ^{はんばーぐていしょく} ¥950
Hamburger steak mixed with bread crumbs, onions with ground meat. It is served on a hot iron pan.
- Pork with ginger set meal (生姜焼き定食) ^{しょうがやきていしょく} ¥950
It is pork marinated with ginger and soy sauce.

Way to the restaurant

It takes about 30 minutes on foot from the Kinnyamonya Center.

It takes about 5 minutes by car from the Kinnyamonya Center.

こうや Kouya(紺屋)



Business hours	11:00~20:00
Closed	Thursdays
Phone Number	(08514)2-1196

Popular Dish

Everything is delicious and popular.

Way to the restaurant

It takes about 35 minutes on foot from the Kinnyamonya Center.

It takes about 10 minutes by car from the Kinnyamonya Center.

Japanese expression

～Telephone reservation～

Customer: もしもし、よやくをおねがいしたいのですが。

(Hello, I would like to make a reservation.)

Staff: おなまえは？

(What's your name?)

Customer: ○○です。

(○○is.)

Staff: ひにちとにんずうをおしえてください。

(May I ask how many people the reservation is for?)

Customer: ○がつ△にちの□じごろに●にんのよていです

(I'm planning to go with ●people at around

□o'clock on ○△.)

Staff: かしこまりました。

(Certainly.)

～Asking the place～

- すみません。[place]にはどのようにいったらいいですか。

(Excuse me. How do I get to [place]?)

- おてあらいはどこですか。

(Where's the restroom?)

～Order～

- すみません。ちゅうもんしてもよろしいですか。

(Excuse me. Can I order?)

- [food]をください。

(I'll take [food])

- この[food]はどんなかんじですか。

(What's this [food] like?)

～Other～

- もういちどくりかえしてください。

(Would you repeat that?)

- これはおいくらですか。

(How much is this?)